

UPCOMING MEETINGS

September 15th Luncheon – Social Media Presented by Emily MacWilliams from Venly

Sponsored by Carol Porra

About Emily: Born and raised in Central Massachusetts, Emily grew up in a tight knit family who inspired her with their creative and business endeavors. Emily works with the CMS Chamber through her work with Venly, a company that aims to help local business grow through knowledge about and use of social media.

By applying her passion for the area and her skills as a writer, artist, and social media expert, Emily has gotten more involved in the community she loves, and created new relationship with the areas business owners and professionals. Emily graduated with a BA in English from Worcester State University in May 2014. In addition to her work with local businesses, she maintains an online shop of handmade jewelry and art, and also works part time in a woodworking studio, doing custom pyrography.

October 12th Luncheon – Change Your Habitude, Change Your Life (How Your Attitude Affects Your Personal and Professional Life) – Presented by Rita Schiano

Sponsored by Ameriprice Financial Services, Inc. – Sturbridge

From ancient philosophers to modern day inspirational thinkers, the message has been the same: Your thoughts become your words, your words become your actions, and your actions become your habits.

At the core of how we perceive ourselves, how we present ourselves, are our HABITUDES© — habitual ways of thinking and acting that affect our attitudes towards our life. And while our attitudes influence our behavior, it's our habits — those recurrent, often unconscious patterns of behavior — that direct our actions.

That's why we need to look back at those early lessons, those habits we developed, and determine if they serve us or if they are habits that do not serve us. And then we must ask ourselves, "Is this the kind of person I want to be?"

In this program, resilience strategist and coach Rita Schiano will explain how powerful your attitude really is and the effect it can have on your well-being and on those around you. Participants will be learn practical strategies that will help them understand and re-shape their attitude.

Rita Schiano is a resilience strategist and coach, speaker, and founder of Live A Flourishing Life. Organizations use Rita to help staff build resilient leadership skills, manage stress, and improve morale. As a personal strategic coach, Rita helps clients focus specifically on their most important goals, interests, challenges, and needs. Rita is also an adjunct professor at Bay Path University where she teaches Philosophy, Leadership, and Stress Management courses. businesses, she maintains an online shop of handmade jewelry and art, and also works part time in a woodworking studio, doing custom pyrography.

October 4th – Board of Directors Meetings

Board of Directors meetings are open to all members. It is a good way to find out how to become more involved in the activities and decisions of Woman In Business, Inc. We meet on the 1st Tuesday of the month, except for July, at 7:30 am in Brenda Bianculli's office in Charlton. Meetings are usually over by 8:45 am. If you would like to attend, please e-mail Karen Spiewak and she will put you on our agenda email list.

Woman In Business monthly meetings are being held at –

Old Sturbridge Village (Oliver Wight Tavern Entrance)

1 Old Sturbridge Village Road, Sturbridge, MA 01566

Time: 12:00 noon (Registration at 11:45 am) **Cost:** \$20 for members; \$25 non-member

Interested in sponsoring a luncheon?

Contact a board member or e-mail us at: info@wibsturbridge.org

Cost: \$50. Sponsor will be acknowledged at the luncheon they are sponsoring in the WIB newsletter and in e-mail reminder notifications.



PREVIOUS MEETINGS/EVENTS

August 10th Event – Brush It Off Paint & Sip Bar

Our August event was a tremendous success and lots of fun for all who attended. We gathered at the Brush It Off Paint & Sip Bar in Sturbridge. We did a lot of painting, and let's just say, some sipping, to the delight of all. The staff of Brush It Off was wonderful and although none of us is ready to change professions, we are a whole lot more artistic, and happy. Pictures are worth a thousand words so look at these happy artists. Additionally, we raised over \$300 that we will use to support our mission.



Carol Porra & Karen Spiewak



Becky Brusso



Karen Spiewak

THANK YOU, WIB!

Women in Business,

Thank you for selecting me to receive your scholarship and also for the gift box! I am really excited for college and this scholarship will be a big help with my college costs!

*Thank you again for everything
Rachel Bianculli*

*June 7, 2016
Women in Business, Inc.
Woman in Business Scholarship*

*Dear Woman in Business, Inc.,
I am writing to thank you for your generous \$500 Woman in Business Scholarship for which I am very appreciative.
As an engineering major at UPT, I will continue to strive for the very best in both my education and future. Your support brings my dreams within my reach.*

I am overwhelmed and grateful for the trust and belief you have in my future. I hope to give back to the community which has placed so much faith in me.

*Sincerely,
Olivera Kintari
15 Mechanic St,
Upton, MA 01568*

**The Dudley-Charlton Education Foundation, Inc.,
and**

Woman In Business Inc.

invite you to take flight in a

***Tethered Hot Air Balloon Ride**

Charlton Old Home Day, Monday, Sept. 5th

9-11 AM on Burlingame Field in Charlton

*Event is weather dependent, to confirm event, visit either organization's Facebook page .

(If this event is canceled, other fun activities will occur, e.g. an EGG-citing egg race).

All participants are required to sign a waiver. Those under 18 must have slip signed by parent or guardian.

Donation: \$10 per rider (capacity 4 adults plus the pilot)



Sincere thanks to RE/MAX Professional Associates for providing us with this opportunity!



Woman

In Business, Inc.



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“Woman in Business is an organization that supports women by fostering networking, sharing information and experiences and providing education opportunities”

Officers

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OPEN
Corresponding Secretary

Advisory Board

Maxine Carter-Lome,
Laurie Nelson & Carol Porra

Everyone likes to WIN!

Each month we have a 50/50 raffle as well as other prizes, from wine, candy, candles and gift cards, to name a few. Each person who brings a raffle item to a lunch meeting will receive one free raffle ticket.

Speaker Gift Bags: We need your help!

We need your help! If you have any promotional items from your business or workplace, we can put a bag together or you can assemble your own gift items for our speakers. Items do not have to be business related, chocolates (who doesn't like chocolate?), gift cards, candles, etc. If each member of WIB was able to donate nine items, we would be in good shape for the coming year. Attaching your business card to the items will help promote what you do. Please e-mail Carol Porra at Dryf@aol.com to arrange to pick up your items or you may bring them to a meeting. Any offering will be greatly appreciated.

Committee Openings:

Publicity, membership, and programs need your help. Scheduled meetings are determined by need and the members themselves. For more information contact any board member. Thank you! Let's keep Woman In Business moving forward!

Like us on Facebook and Share and Comment Too!

We are building our presence on Facebook and adding information regularly. We post pictures from past meetings. Our goal is to build our social media presence. To do this, we need your help! When people comment and share on what is posted, Facebook values these interactions and it helps us boost our popularity and reach.

Consider joining our Woman in Business group; we have great informative speakers, time for networking and a wonderful buffet lunch.

